All Meals include White or Low-Fat Chocolate Milk. Lactose Free available by Request.

December 2026

Richland County Senior Dining

Senior Dining
Fellowship, Food & Fun

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Alfredo w/mushrooms Fettucine Noodles California Blend Veggies Peach Crisp	2 Pot Roast Baby Potatoes, Onions, & Carrots Chunky Applesauce WW Roll	3 Sloppy Joe on WW Bun Baked Beans Mandarin Oranges Carrot & Celery Sticks	4 Chicken Salad on Croissant Cream of Broccoli Soup w/Crackers Cheese Stick Fruit Cup
7 Italian Rigatoni Green Beans Pineapple Garlic Bread Stick	8 Chicken Chow Mein Brown Rice Chow Mein Noodles Tropical Fruit Fortune Cookie	9 Pork Loin Mashed Potatoes w/Gravy Peas & Carrots Apple WW Roll	10 Ring Bologna Mac & Cheese Brussel Sprouts Peaches	11 Baked Cod w/Tartar Sauce Baked Potato w/Sour Cream Broccoli Apricots WW Roll
14 Hamburger Steak w/Mushroom Gravy Mashed Potatoes Carrots Pineapple WW Roll	15 Lasagna Italian Blend Veggies Tropical Fruit Garlic Toast	16 Stuffed Chicken Breast w/Broccoli Dressing w/Gravy Hot Beets Peaches	17 Tator Tot Casserole Buttered Corn Fruit Cocktail WW Roll	18 ***Rockbridge Closed*** Ham, Broccoli, & Rice Casserole Tossed Salad w/Dressing Mandarin Oranges
21 Hamburger Stroganoff Seasoned Green Beans Apricots	22 Chicken Cordon Bleu Cheesy Potatoes Glazed Carrots Pears WW Roll	23 Baked Ham California Blend Vegetables Sweet Potatoes Cherry Cheesecake WW Roll	24 **CLOSED** 	25 **CLOSED** 
28 Spaghetti w/Meat Sauce Broccoli Tropical Fruit Garlic Toast	29 Country Style Ribs w/Sauerkraut Squash Scalloped Potatoes Banana WW Roll	30 Swiss Steak Mashed Potatoes w/Gravy Green Beans Fruit Cocktail WW Roll	31 **CLOSED** 	

All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact and thus cannot offer a substitution item.

Richland County Meal Sites

Germantown 608-983-2786/608-983-2798
Richland Center 608-647-2323
Rockbridge 608-649-3269/608-647-3900

Reservation Required Please call 1 business day prior.

Comments, Questions or Concerns Please call the Nutrition Program at 608-647-4616

ADRC Aging and Disability Resource Center of Eagle Country